**12 PSYCHOLOGY SELF-HELP RESOURCES PROJECT 2016**



Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Form:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teacher: Miss Cerny Due date: Friday 20th May

**Broad context:** Healthy lifestyle, diversity and community.

**Task type:** Project.

**Key concepts:** Mental illness.

Development

**Task:**

This task requires you to devise a set of four criteria that consumers can use to evaluate and select effective self-help resources. Examples of criteria are: the accessibility of the website (how accessible is it for the target audience), the credibility of the website (has it been endorsed by psychologists etc.). You will use the criteria you have developed to select an evidence-based self-help resource designed to enhance wellbeing. This resource will be endorsed by psychologists.

You will prepare a 10 minute oral presentation describing how the resource you have selected meets the criteria you have developed. This presentation will not be given in front of the class: you will produce a short film clip, narrated PowerPoint Presentation or Presi involving both speech and visuals.

**Suggested resources:**

www.reachout.com.au

www.kidshelp.com.au

www.headspace.net.au

**Not** beyondblue as you will watch an example using this.

**Requirements for assessment**

➊ Electronic copy of 10 minute presentation (emailed to me, uploaded to Seqta or put on my device via a USB).

➋ Written or typed out script (hard copy).

➌ This assessment booklet.

**Plagiarism:**

You must write in your own words not copy sentences word for word from another student or another source.

Plagiarising = instant zero on assignment and you will have to re-do it.

**Assessment policy:**

Give me a sick note/legitimate reason from parent BEFORE due date = new negotiated due date.

One day late = -20% taken off mark

Two days late = -40% taken off mark

Three days late = mark of zero given

After three days, students are required to attend a detention and are still required to submit the assignment.

**If you are not at school the day this assignment is due, please email it to me by 4pm.**

**s.cerny@aranmore.wa.edu.au**

**Marking Key**

|  |  |  |  |
| --- | --- | --- | --- |
| **Content** | **Description** | **Possible**  **mark** | **Your**  **mark** |
| Resource  features | Identifies the resource.  Identifies the consumer group targeted.  Describes relevant features of the resource. | 1  1  4 |  |
| Criteria | Provides a rationale for four (4) criteria.  Describes four (4) criteria. | 4  4 |  |
| Connections  between the  resource and the  criteria | States how well the resource meets each of the criteria.  Explains why the resource meets each of the criteria.  Provides examples to support how the resource meets each of the four criteria. | 4  4  4 |  |
| Presentation | Delivers talk with confidence and enthusiasm.  Speaks clearly with good pronunciation and enunciation.  Sequences talk in a logical manner that can easily be followed  Uses organisational aids such as announcing the topic, previewing the structure, using transitions and summarising the content.  Uses appropriate language for audience. | 1  1  1  1  1 |  |
| **Total mark** | | 31 |  |

Mark as percentage: %

Teacher’s comments:

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